



Hotrock Climbing Wall and Bouldering Gym Regulations and Procedures!



Rock Climbing and Bouldering are sports in which there is a risk of serious injury or death if procedures are not followed. Please observe all of the regulations and procedures so that you and other users can safely enjoy full use of this facility!

If you have any doubt about your ability to use this facility safely please stop and speak to a member of staff.

BEFORE CLIMBING

- All climbers must pay and sign in at reception before using the wall.
- All individual users must have completed and submitted a Hotrock Climbing Wall users Membership Form.
- All users UNDER 18 YEARS OF AGE must submit a completed and signed Youth Membership Form (available at reception).
- Ensure that all footwear is clean and dry before climbing.
- Personal belongings must not be taken to the climbing area; lockers are available.
- No food is allowed in the climbing wall area. All drink bottles must be stored off the floor and kept closed when not being used.
- Please use the changing rooms provided.
- Hotrock is a non-smoking area.
- Sport Northern Ireland, Tollymore National Outdoor Centre, Hotrock Climbing Wall and the Mountaineering Ireland take no responsibility for lost, stolen or damaged property.

DURING CLIMBING

- All lead climbers using the lead wall must be competent lead climbers, competent in the use of belay devices in a lead situation and must wear an appropriate recognised climbing harness.
- All belayers on the lead wall must use an appropriate recognised belay device and be competent in its use.
- Do not adjust, move or change any of the holds.
- Un-rope climbing above the first bolt is not permitted on the lead wall.
- When leading, all of the quickdraws on the route must be clipped by the lead climber.
- Do not mark any 'problems' on the wall.
- Respect other wall users. Please:
 - Do not start a route that someone is already climbing.
 - Do not 'claim' a route by leaving ropes hanging on it.
 - Do not 'hog' routes for long periods of time.
 - Do not stand in the marked floor areas under the auto belay devices when they are being used.
 - Do not pass under or stand under climbers on the bouldering wall or starting routes on the lead wall.
 - Use chalk balls, not loose chalk.
 - Do not step on other users' ropes.

AUTO BELAY DEVICES

It is important to note that:

- You Clip in with the attached locking karabiner to the central belay/abseil loop on your harness.
- You check you have attached correctly before each climb.
- You always attach whilst in a standing position and ensure you have attached to the appropriate part of your harness by visually inspecting it.
- All loose clothing is tucked in before attaching.
- Your auto-belay device will NOT hold you in a stationary position - they will always lower climbers when the device is loaded.
- When climbing the auto-belay tape is always loaded. Avoid overly dynamic moves which may create slack in the system.
- You climb the line of holds below the auto-belay device (listed on the graded list.) Do not climb lines to the left or right as this increases the risk of injury through a swinging fall.
- When you reach the top of a climb, there is no-one below you when you are lowering off.
- You only climb using bolt on holds - DO NOT hold onto quickdraws bolts or ropes on adjacent climbs.
- You do not enter the marked off area on the floor below the auto-belay device, when the device is being used.
- When you reach your highest point on the route, let go of the holds and lower to the ground (in the same position you would if you were abseiling)
- Auto-belay devices do require an element of judgement to be used safely. They are therefore unsuitable for inexperienced climbers (or young climbers supervised by inexperienced adults.)

AFTER CLIMBING

- All loose or damaged holds are to be reported on the form at reception.
- Report any unsafe practices to the facility staff.