

Independent Climber Practical Competency Test

Bouldering Only: 5 & 6

Bottom roping/auto belay: 1, 3, 5 & 6

Lead Climber: 1, 2, 3, 4, 5 & 6

1. Fitting harness and tying in.

Climber should be observed:

- Fitting harness correctly
- Tying in to the rope and harness with an appropriate knot (generally Fig.8 rethreaded or bowline with stopper knot).

2. Lead climbing

Climber should be observed leading two routes of their choice and should demonstrate:

- Route choice
- Safe clipping of rope into quickdraws
- Understand the risk of pulling up too much slack.
- Avoiding/understanding of back-clipping, "Z" clipping and leg behind rope
- Awareness of risks at start of climb
- Taking a lead fall safely

3. Bottom rope belayer/auto

Climber should be observed and show understanding of:

- Fitting harness correctly
- Correct attachment to auto belay
- Appropriate route choice in relation to each auto belay
- Proper use of an appropriate rope belay device
- Being attentive to climbers needs with rope or potential falls
- Paying out and taking in rope quickly and safely as required by climber
- Good position on the ground in relation to the climb
- Hold fall and lower climber smoothly and safely

4. Lead Belaying

Climber should be observed and show understanding of:

- Proper use of appropriate belay device
- Being attentive to climbers needs with rope or potential falls
- Paying out and taking in rope quickly and safely as required by climber

- Understand the risk of leader pulling up too much slack to clip
- Good position on the ground in relation to the climb
- Hold lead fall and lower climber smoothly and safely

5. Bouldering

Climbers should be observed and demonstrate an awareness and understanding of:

- Ensuring bouldering mat is clear of all obstructions before climbing
- Understand that the bouldering mats cannot remove the risk of serious injury when bouldering
- Climbing within their limitations/capabilities
- Descend where possible by down climbing or controlled fall without turning or twisting.
- Not climbing above other climbers or spotters on or near the wall

6. General safety

Climbers should demonstrate an understanding of the regulations and procedures of the Hotrock climbing wall.

They should demonstrate an awareness of other wall users and take their safety and enjoyment into consideration when using any aspect of the facility.