



PARENTAL CONSENT FORM

GROUP NAME	
Course Title	
Course Date(s)	
PERSONAL DETAILS	
Name of Student	
Address of Student	
Parent/Guardian Name	
Contact Tel No (H)	
(W)	
(M)	
Email Address	

HEALTH AND FITNESS

The activities undertaken at Tollymore National Outdoor Centre often involve strenuous physical exercise. Participants can be exposed to cold and wet conditions and circumstances where the moving of heavy items, such as canoes, is required. Applicants and their parents should seriously consider their personal health and fitness before attending courses. Anyone suffering from or ever having suffered from any medical condition, illness, injury or allergy or who is pregnant should consult their doctor regarding the suitability of their participation. Participants or their parents with concerns should only attend following positive advice from their doctor and should make their condition known to the instructor supervising their course.

SWIMMING

If your child is attending a multi-activity course, canoesport, bouldering or coasteering may be among the chosen activities. If your child is attending a high ropes, climbing wall session or non-activity programme, then please tick the 'Not applicable' box.

We at Tollymore feel that non-swimmers may be safely introduced to watersports by trained instructors in a controlled environment whilst wearing a buoyancy aid. It is important that instructors have an understanding of the water confidence of those participating in water-based activities.

Please indicate the water confidence of your son/daughter whilst wearing a buoyancy aid.

Extreme lack of confidence

Confident only in sheltered waters

Very confident

Can swim 50m in light clothing

This section is not applicable

CHILD PROTECTION PROCEDURES

Tollymore National Outdoor Centre aims to ensure the best possible care of young people who use our facilities. Tollymore will, through good practice and policies, protect young people in their care from physical and emotional harm and be vigilant for harm created elsewhere.

During your son's/daughter's course at Tollymore National Outdoor Centre, Tollymore staff and the leader(s) of your son's/daughter's group will have different areas of responsibility at different times of the programme.

Tollymore staff will be responsible for all aspects of health and safety during the activity programme. All Tollymore staff have received 'Child Protection Awareness' training and have been appropriately vetted prior to working with children and vulnerable adults.

The leader(s) of your son's/daughter's groups are responsible for monitoring discipline and ensuring good behaviour, both outside activity sessions and while the group is on activity. This includes during mealtimes and during the overnight stay, if your child is on a residential programme. Tollymore will have a Duty Instructor 'on call' during the overnight period. The staff member is available to deal with any accident or emergency, but is not available to deal with behavioural or discipline issues during the overnight stay.

It is important that you satisfy yourself that all leaders accompanying your son's/daughter's group have received appropriate training in 'Child Protection Awareness' and have been appropriately vetted prior to working with children and vulnerable adults.

All visiting group leaders must attend the initial course briefing and fully acquaint themselves with the Centre Rules and Regulations. During this briefing Tollymore staff will outline the roles and responsibilities of all staff, as well as explaining the rules and regulations of the Centre.

CONSENT

I consent to my son/daughter taking part in the above course which may include a number of activities, e.g. rock climbing, abseiling, mountaineering, canoeing, high ropes course, some of which will involve the possibility of immersion in water, etc.

YES / NO (please circle)

SIGNED

DATE

I also agree to my son/daughter to have their photograph taken for use in future literature, presentations and/or other Tollymore publications.

SIGNED

DATE
